

**University of Wisconsin – Stevens Point - Athletic Training Education Program**  
**School of Health, Exercise Science and Athletics**  
**Athletic Training Practicum Courses**

<b>Course Title: Athletic Training 201: Practicum I (1 cr.)</b>	<b>Term: Fall 2016</b>
<b>Instructor: Danelle Smith</b>	<b>Phone: 715-346-4922</b>
<b>Time: Thursday 8-9am</b>	<b>Classroom: HEC 040 (ATF)</b>

**Required Textbook(s):** *Orthopedic Taping, Bracing, Wrapping and Padding* by Joel Beam

**Overall Course Objective:**

- To fully assess skill aptitude on all clinical proficiencies instructed in this practicum and concurrent course AT 251.
- Specifically, students will understand that...
  - A strong emphasis on prevention can have a significant effect on the health, well-being, and athletic performance of an individual and/or team.
  - Patient education plays a significant role in the prevention and care of injuries and illnesses.
  - Early recognition of warning signs and appropriate intervention can reduce the negative impact of injury/illness on an individual, team, or workplace.

**Course description and expectations:**

The practicum course has been designed to enrich the ATP experience through clinical education and hands-on learning. This practicum will have the following components:

- Clinical rotations with an assigned Clinical Preceptor (CP). Students must complete 112 – 154 hours/semester (8-11 hours/wk) of clinical time under supervision of your CP.
- Teaching and skill acquisition of clinical proficiencies as assigned by the instructor and designated by ATEP for this practicum course. Students will receive a clinical proficiency packet to be completed during this course.
- Practical examinations – Mid-term and Final Practical Exam, covering content from practicum course
- Learning over time experiences (LOT) – There are no LOTs for this course. LOT experiences will be utilized later in the ATEP curriculum to demonstrate skill proficiency over time.
- Additional assignments: There will be no additional requirements associated with this practicum course.

**Purpose of the course:** The weekly meeting time will be used to discuss, practice and demonstrate assigned clinical proficiencies for this practicum course. During the clinical rotations, students shall perform athletic training skills relative to their experience and competence under the supervision of a CP. The clinical hours are also time for students to learn new skills and learn under the guidance of their CP and other athletic trainers. Students are expected to complete the minimum number of hours associated with this practicum by the end of the semester.

**CLASS POLICIES:**

- Daily class attendance and **active participation** in class are required.
  - A student's grade will be dropped a ½ of letter grade for every two unexcused absences accumulated.
  - Tardiness is considered an unexcused absence.
  - Students are solely responsible for obtaining any course material missed due to absence.
- Students shall come to class on time, in appropriate **lab attire** and prepared to engage in meaningful course work and hands-on practice. Reading and written assignments are to be completed **prior** to the beginning of each class.

- Students will be expected to complete all assignments on time based on the syllabus and due dates given by the instructor. Assignments turned in late will be dropped one letter grade per day. Students should expect additional assignments throughout the semester to facilitate learning.
- Students must complete the clinical hours associated with this practicum. Students must adhere to the standards of professional practice outlined in the UWSP ATEP Student Handbook.
- Students are expected to adhere to UWSP’s statement of academic principles. Students are responsible for the honest completion and representation of their work, for the appropriate citation of sources, and for respect of others’ academic endeavors. Students who violate these standards will be confronted and must accept the consequences of their actions.

**ASSESSMENT AND GRADING PROCEDURES:**

The following components of the course will count towards a percentage of your grade:

Evaluation of Clinical Performance and Clinical Hours <sup>1</sup> :	30%
Practical examinations, quizzes, assignments, and proficiencies <sup>2</sup> :	70%

<sup>1</sup>(See Evaluation of Clinical Performance)

<sup>2</sup>(See Evaluation of Clinical Proficiency)

**STUDENT ASSESSMENT:**

**Evaluation of Clinical Performance (30% of grade):** Students performance in the clinical setting will be formally assessed by their CP every 8 weeks (mid-term and final evaluation). Students also will have a 4-week informal evaluation to help with progress and give appropriate feedback on clinical skills and professional behavior. Students will meet with the CP to discuss the 8-week evaluations.

Students must achieve an average score of >3.0/5.0 on their performance to stay in good academic standing for the ATEP. If the average score is below a 3.0 average, the student will meet with the clinical coordinator and program director. This can result in academic probation for the following semester.

- Scale:** 5(Excellent) – performs duties/skills extremely well, very professional  
 4(Above avg) – performs duties/skills better than average in a professional manner  
 3(Avg) – performs duties/skills as well as expected at this level, minimum ACI intervention  
 2(Below avg) – performs duties/skills at unsatisfactory level, constant intervention from ACI  
 1(Deficient) – needs remedial aid in this area prior to advancing clinical education  
 N(Not applicable) – ACI did not observe this duty/skill, or ATS has not acquired skill yet

The points earned from the CP evaluation will be tallied and then averaged. This average will then be turned into a percentage grade. The format used for this will be:

5 = 100%	4 = 90%	3 = 80%	2 = 70%	1 = 60%
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For example, if the student receives a 3.8 average score on the evaluation, it will translate into an 88%. According to the letter grades, this would be B+ work. To receive an “A” for clinical performance, students will consistently have to perform above average (4) and attain some excellent (5) ratings to reflect this type of performance.

**Clinical hours:** Students are to complete 112 – 154 hours/semester (8-11 hours/wk) of clinical time under supervision of your CP. The grade you receive for your clinical hours is built in to the Evaluation of Clinical Performance which is completed by your CP (see above). This evaluation includes professional traits like communication and responsibility as well as how well you performed clinically with previously learned skills. In addition, the CP will assess your willingness to learn and work diligently at attaining new skills being developed during this practicum.

30% of the grade for this practicum course will be determined by your performance during clinical hours and the requirement to attain a minimum number of clinical hours. IF a student fails to complete the minimum number of hours assigned, the overall grade earned for the course will be dropped by one full letter grade.

**Clinical skill proficiency (70% of grade):** During this course, clinical skills will be evaluation utilizing proficiency packets and practical examinations. To maintain consistency in assessment, each evaluation method - with the exception of quizzes or tests – will utilize the same 1-5 assessment scale as described below.

**Clinical Performance Evaluation: (for more detail or examples, please see the Student Handbook)**

- 5 = Performance exceeds expectations at this level. Displayed independence and confidence in skill performance. Required absolutely no intervention of clinical preceptor/instructor.
- 4 = Performance is above average at this level. Displayed independence in skill performance and skill explanation (why it is used); needs verbal prompting by CP for full application or clinical decision making.
- 3 = Performance is average at this level. Student performed hands-on skills accurately, but lacked accurate explanation and application. Needs minimal hands-on intervention and/or verbal guidance to perfect skill performance.
- 2 = Shortcomings in performance at this level. No independence or proficiency displayed during skill performance. Both verbal and hands-on guidance were necessary for skill performance, decision-making or problem-solving.
- 1 = Clinical skills are inadequate even with hands-on intervention and verbal guidance from the clinical instructor. Student does not have the clinical skills or knowledge for independent problem-solving.

**Proficiency Packets:** Students must demonstrate competency on all assigned clinical proficiencies as determined by a CP. Students **must** be prepared at the time they ask to be evaluated by a CP. If the CP feels the student is not proficient in the skill, the student will be graded accordingly and asked to repeat the skills at a later time. Students must receive a 3 or higher on the 5 scale to be considered proficient. Any skills that are graded below a 3 must be repeated for a CP until skill acquisition is displayed. Students **must complete** all skills and assignments within the packet in order to receive a passing grade in this course. Students will not be given partial grades for an incomplete packet. The proficiency packet must be submitted to the course instructor at the end of the course. They will be returned to the student after a Completion of Proficiency Skill document has been completed.

**Practical Examinations:** Students will be tested on skill competency through practical examinations with the instructor. Each practical examination will be worth a certain amount of points. The points and assessment criteria will be shared with the students prior to the examination. Students should prepare for these practical exams by reviewing the skills/proficiencies included on this exam with peers and their CPs to ensure a solid clinical performance. This score will only guarantee an 80% on a practical score. **IF** students do not attain an 80% or higher on a practical examination, it must be repeated to ensure proficiency in skill acquisition for this course. However, the initial score will be recorded as part of the final grade.

5 = 100%	4 = 90%	3 = 80%	2 = 70%	1 = 60%
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For example, if the student receives a 3.8 average score on the practical examination, it will translate into an 88%. According to the letter grades, this would be B+ work. To receive an “A” for clinical performance,

students will consistently have to perform above average (4) and attain some excellent (5) ratings to reflect this type of performance.

**LOTs (Learning Over Time Sheets):** There are no LOTs for this course. LOT experiences will be utilized later in the ATEP curriculum to demonstrate skill proficiency over time.

**GRADING SCALE:**

Final grades will be awarded as follows:

<b>A:</b> 94-100%	<b>C:</b> 73-76%	<b>D:</b> 60-64%
<b>A-:</b> 90-93%	<b>C-:</b> 70-72%	<b>F:</b> 59% or below
<b>B+:</b> 87-89%	<b>D+:</b> 65-69%	

**COURSE SCHEDULE**

<b>Date</b>	<b>Topic</b>	<b>Chapter (Beam)</b>
9/8	Introduction/Course Syllabus – Pre-season skills review and Introduction of supplies <b>Due: Reflection on the pre-season experience</b>	Chap 1
9/15	ATs Role in Protective Equipment Equipment fitting (helmet, shoulder pads, rib pads, mouth guards)	Chap 13
9/22	Environmental Assessment and Equipment	
9/29	<b>Proficiencies Due: Protective Equipment, Heat</b> Blister Care and Wound Care	
10/6	Wrist, Hand and Finger Tape and Wrap	Chap 10, Chap 11
10/13	Ankle, Achilles, Lower leg	Chap 4, Chap 5
10/20	<b>Proficiencies Due: Ankle, Achilles, Wrist, Hand and Fingers, Blister Care</b> Arch, Foot, Toes, Heel	Chap 3
10/27	<b>Practical Exam 1 this week –scheduled individually</b>	
11/3	Hip and Thigh Wraps	Chap 7
11/10	<b>Proficiencies Due: Hip and Pelvis, Quad Contusion Pad</b> Knee Taping and Wrapping	Chap 6
11/17	Shoulder and Elbow <b>11/24 – Thanksgiving break</b>	Chap 8
12/1	<b>Proficiencies Due: Knee, Shoulder, Elbow, AC pad</b> Protective Padding and Bracing	Various Chapters
12/8	Special Topics - Casting	
12/15	<b>Proficiencies Due: Casting, Custom Pad</b> <b>Practical 2 scheduled individually this week or finals</b>	